

Nuuanu YMCA

Pool Schedule –School Year 2007-2008

Effective September 2007 – May 31, 2008

Weekdays

Time	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
5:00am	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)
8:30 am	Youth Swim (4 Lanes) **Seasonal** <small>see pool board for details</small>	Youth Swim (4 Lanes) **Seasonal** <small>see pool board for details</small>	Youth Swim (4 Lanes) **Seasonal** <small>see pool board for details</small>	Youth Swim (4 Lanes) **Seasonal** <small>see pool board for details</small>	Youth Swim (4 Lanes) **Seasonal** <small>see pool board for details</small>
	Lap Swim (2 Lanes)	Lap Swim (2 Lanes)	Lap Swim (2 Lanes)	Lap Swim (2 Lanes)	Lap Swim (2 Lanes)
12:00pm	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)
3:00pm					
3:00pm to 5:00pm	Youth Swim (4 Lanes) Lap Swim (2 Lanes)	Youth Swim (4 Lanes) Lap Swim (2 Lanes)	Youth Swim (4 Lanes) Lap Swim (2 Lanes)	Youth Swim (4 Lanes) Lap Swim (2 Lanes)	Youth Swim (4 Lanes) Lap Swim (2 Lanes)
5:15pm	H2O Fitness Class (4 Lanes) Lap Swim (2 Lanes)	Adult Learn to Swim 5:00pm (2 Lanes) Lap Swim (4 Lanes)	H2O Fitness Class (4 Lanes) Lap Swim (2 Lanes)	Adult Learn to Swim 5:00pm (2 Lanes) Lap Swim (4 Lanes)	H2O Fitness Class (4 Lanes) Lap Swim (2 Lanes)
6:15pm	Master Swim (5 Lanes) Lap Swim (1 Lanes)	Lap Swim (6 Lanes)	Master Swim (5 Lanes) Lap Swim (1 Lanes)	Lap Swim (6 Lanes)	Family Swim (3 Lanes until 9:00pm)
8:00pm	Lap Swim (6 Lanes)		Lap Swim (6 Lanes)		Lap Swim (3 Lanes)
10:00pm	Pool closes at 10:00pm	Pool closes at 9:00pm	Pool closes at 10:00pm	Pool closes at 9:00pm	Pool closes at 10:00pm

Weekends

Time	Saturdays	Sundays
6:00am	Lap Swim (6 Lanes)	Open at 10:00am
8:45 am to 12:00pm	Youth Swim Entire Pool	
		Lap Swim (6 Lanes)
12:00pm to 1:00pm	H2O Fitness Class (3 Lanes) Lap Swim (3 Lanes)	Family Swim (3 Lanes) Lap Swim (3 Lanes)
1:00pm to 4:15pm	Youth Swim Entire Pool	
4:15pm	Family Swim (3 Lanes) Lap Swim (3 Lanes)	
5:00pm		Pool closes at 5:00pm
7:00pm	Pool Closes at 7:00pm	

Schedule is subject to change