



TIME	Monday	Tuesday	Wednesday	Thursday	Friday					
7:00am	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics					
8:00am	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics					
9:00am	LIFEGUARD BREAK 9:15am-9:30am	Aqua Tai Chi 9:15am-10am	LIFEGUARD BREAK 9:15am-9:30am	Aqua Tai Chi 9:15am-10am	LIFEGUARD BREAK 9:00am-9:15am Preschool LTS 9:15am-9:45am Parent/Child 10:15am-10:45am					
10:00am	Family/ Lap Swim 9:30am- 1:00pm	Aqua Arthritis 10am-11am	Family/ Lap Swim 9:30am- 1:00pm	Aqua Arthritis 10am-11am	Family/ Lap Swim 11am-1:00pm					
11:00am		H2O Arthritis/ Deep H2O 11:15am-12:15pm		H2O Arthritis/ Deep H2O 11:15am-12:15pm						
12:00pm		POOL CLOSED		POOL CLOSED						
1:00pm	LIFEGUARD BREAK 1:00pm-1:15pm	POOL CLOSED	LIFEGUARD BREAK 1:00pm-1:15pm	POOL CLOSED	LIFEGUARD BREAK 1:00pm-1:15 pm					
2:00pm	Family/Lap Swim 1:15pm - 3:00pm		Family/Lap Swim 1:15pm - 3:00pm	Family/Lap Swim 1:15pm - 3:00pm						
3:00pm	Learn to Swim Classes 3:00pm-5:30pm		Learn to Swim Classes 3:00pm-5:00pm	Learn to Swim Classes 3:00pm-5:30pm	Learn to Swim Classes 3:00pm-5:00pm	Childcare Prog 3:00pm To 4:45pm				
4:00pm		Swim Team 5:00pm-6:00pm				Swim Team 5:00pm-6:00pm	LIFEGUARD BREAK 5:15pm-5:45pm			
5:00pm		Aqua Aerobics 6:15pm-7:15pm				Aqua Aerobics 6:15pm-7:15pm	Adult Swim Class 6:15pm-7:00pm	Aqua Aerobics 6:15pm-7:15pm		
6:00pm	Family/Lap Swim 7:15pm - 8:00pm	Family/Lap Swim 6:00pm - 8:00pm	Family/Lap Swim 7:15pm - 8:00pm	Family/Lap Swim 7:00pm - 8:00pm	Family/Lap Swim 7:15pm - 8:00pm					
7:00pm										
8:00pm						***** POOL CLOSED *****				

Time	Saturday	Sunday	
7:00am	Aqua Aerobics	POOL CLOSED	
8:00am	Swim Team 8:15am-9:00am	POOL CLOSED	
9:00am	Learn to Swim Classes 9:00am- 12noon	Adult Swim Class 9am-9:45am	
10:00am		Parent/ Child 10am-11am	
11:00am		Learn to Swim Classes 11:00am- 3:00pm	
12:00pm	POOL CLOSED		
1:00pm	Learn to Swim Classes 1:00pm- 2:30pm		
2:00pm	H2O Arthritis 3:15pm-4:15pm	Family/Lap Swim 3:00pm - 6:00pm	
3:00pm			H2O Arthritis 3:15pm-4:15pm
4:00pm			H2O 4:15pm-5:15pm
5:00pm	POOL CLOSED	POOL CLOSED	
6:00pm			