

Leeward YMCA
Pool Schedule September 2010
(Schedule Subject to Change)

Time	Monday	Tuesday	Wednesday	Thursday	Fridays
5:30am	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)
8:00am	8:00-9:00 POOL CLOSED	H2O (4 lanes) Lap Swim (2 lanes)	8:00-9:00 POOL CLOSED	H2O (4 lanes) Lap Swim (2 lanes)	8:00-9:00 POOL CLOSED
9:00am	H2O 9-10am (4 lanes) Lap Swim (2 lanes)	9:30-10:30 POOL CLOSED	H2O 9-10am (4 lanes) Synchronized Swimming (1 lane) Lap Swim (1 Lane)	9:30-10:30 POOL CLOSED	H2O 9-10am (4 lanes) Lap Swim (2 lanes)
10:30am	H2O 10:30-11:30 Lap Swim (3 Lanes) Family Swim (3 Lanes - after H2O)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	H2O 11:15 - 12:15 Lap Swim (3 Lanes) Family Swim (3 Lanes - when no H2O)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)
2:00pm	Swim Lessons (2 Lanes) Lap Swim (1 Lane) Family Swim (3 Lanes)	Swim Lessons (2 Lanes) Lap Swim (1 Lane) Family Swim (3 Lanes)	Swim Lessons (2 Lanes) Synchronized Swimming 2-3pm (Deep Roped Area) Family Swim (Shallow Roped Area)	Swim Lessons (2 Lanes) Lap Swim (1 Lane) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)
5:00pm	H2O 5-6pm (4 lanes) Swim Lessons (2 lanes) Family (Shallow Roped Area)	H2O 5:30-6:30pm (Deep Roped Area) Swim Lessons (2 lanes) Family (Shallow Roped Area)	H2O 5-6pm (Deep Roped Area) Synchronized Swimming 6-7pm (2 lanes) Family (Shallow Roped Area)	H2O 5:30-6:30pm (Deep Roped Area) Swim Lessons (2 lanes) Family (Shallow Roped Area)	H2O 5-6pm (4 lanes) Lap (2 lanes) Family (Roped Area)
6:30pm	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Swim Team	Lap Swim (1 Lane) Synchronized Swimming 6-7pm (2 lanes) Family Swim (3 Lanes)	Swim Team	Lap Swim (3 Lanes) Family Swim (3 Lanes) Pool closes at 8:00 pm
7:30 pm to 9:30pm		Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	

Time	Saturday	Sunday
7:00am	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Open at 9:00am
8:00am	H2O (4 Lanes) Swim Team (2 Lanes)	
9:00 am	CLOSED Swim Lessons (Entire Pool)	Lap Swim (3 Lanes) Family Swim (3 Lanes)
2:30pm to 3:30pm	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Pool Closes at 4:00pm
3:30pm to 6:00pm	Lap Swim (3 Lanes) Family Swim (3 Lanes)	

Notes:

- More water aerobic classes added this month!
- YMCA CLOSED Monday, September 6th