



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Leeward YMCA

Pool Schedule February 2012

(Schedule Subject to Change)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Lap Swim (3 Lanes) Family Swim (3 Lanes)
8:00am	8:00-9:00 POOL CLOSED	H2O (4 lanes) Lap Swim (2 lanes)	8:00-9:00 POOL CLOSED	Aqua Zumba 8:30 - 9:30 (4 lanes) Lap Swim (2 lanes)	8:00-9:00 POOL CLOSED
9:00am	H2O 9-10am (4 lanes) Lap Swim (2 lanes)	9:30-10:30 POOL CLOSED	H2O 9-10am (4 lanes) Synchronized Swimming (1 lane) Lap Swim (1 Lane)	9:30-10:30 POOL CLOSED	H2O 9-10am (4 lanes) Lap Swim (2 lanes)
10:30am	Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes - after H2O)	Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes)	Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes)	Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes)	High Intensity H2O 10:00 - 11:00 (3 or 4 lanes) Lap Swim (2 or 3 Lanes)
2:00pm	Swim Lessons (2 Lanes) Lap Swim (1 Lane) Family Swim (3 Lanes)	Swim Lessons (2 Lanes) Lap Swim (1 Lane) Family Swim (3 Lanes)	SWIM LESSONS (2 Lanes) Synchronized Swimming 2-3pm (Deep Roped Area) Family Swim	Swim Lessons (2 Lanes) Lap Swim (1 Lane) Family Swim (3 Lanes)	Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes)
5:00pm	H2O 5-6pm (4 lanes) Swim Lessons (2 lanes) Family (Shallow Roped Area)	H2O 5:30-6:30pm (Deep Roped Area) Swim Lessons (2 lanes) Family (Shallow Roped Area)	H2O 5-6pm Synchronized Swimming 6-7pm (2 lanes) Family (Shallow Roped Area)	H2O 5:30-6:30pm (Deep Roped Area) Swim Lessons (2 lanes) Family (Shallow Roped Area)	H2O 5-6pm (4 lanes) Lap (1 or 2 lanes) Family (Roped Area)
6:30pm	Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes)	Swim Team 6:30 - 7:30 Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes)	Lap Swim (1 Lane) Synchronized Swimming 6-7pm (2 lanes)	Swim Team 6:30 - 7:30 Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes)	Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes) Pool closes at 8:00 pm
7:30 pm to 9:30pm					

Time	Saturday	Sunday
7:00am	Lap Swim (3 Lanes) Family Swim (3 Lanes)	Opens at 9:00am
8:00am	H2O (4 Lanes) Swim Team (2 Lanes)	
9:00 am	CLOSED Swim Lessons (Entire Pool)	Lap Swim (3 Lanes) Family Swim (3 Lanes)
2:30pm to 3:30pm	Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes)	Pool Closes at 3:45pm
3:30pm to 6:00pm	Lap Swim (2 or 3 Lanes) Family Swim (3 Lanes)	

Notes:

- Private swim lessons are scheduled throughout the month at many different times of day. Please be aware they may be taking a lap lane
- Swim Team will use 2 or 3 lap lanes during their 1 hour practices