

Student Health Information

Please complete and return to your child's teacher. Mahalo.

Student Name _____

Home Address _____

Street City State Zip

Circle: Female Male

Birth Date _____ Height _____ Weight _____

Mother _____ Phone (H) _____ (W) _____

Father _____ Phone (H) _____ (W) _____

Guardian _____ Phone (H) _____ (W) _____

Emergency Contact Person (other than Parent or Guardian)

Name _____ Phone (H) _____ (W) _____

Relationship _____

Family Medical Insurance Company _____

Primary Health Care Physician _____

Primary Health Care Location _____

Policy Number _____

1. List any limitations that may hinder your child's participation in any activities:

2. List any medical conditions or special requirements:

3. List any dietary restrictions (allergies, vegetarian, etc):

4. Allergies (insect bites, hay fever, etc.):

5. List any unusual fears (such as a fear of water or darkness):

6. List any special consideration that you feel would be helpful for us to be aware of:

Permission Form

*Please complete and return to your child's teacher.
Please circle yes or no for each authorization and note any exceptions.*

Student Name _____
Please Print

To attend the YMCA Camp Erdman Leadership Program:

I grant permission for my child to attend the YMCA Camp Erdman Environmental Education Program and participate in *all* of the activities in the program.

YES NO

To authorize emergency medical care:

If my child requires medical care in the judgment of a teacher or a YMCA staff member, I authorize to have my child transported by his or her teacher to and treated at the Wahiawa General Hospital (the closest hospital to Camp Erdman).

YES NO

To authorize administration of Tylenol in case of fever or headache:

I authorize permission for the school coordinator to administer Tylenol or other approved medicine to my child as long as they contact me first. Camp Erdman does not distribute medicine of any kind to children.

YES NO

To authorize reproduction of video/photography and comments/drawings:

I grant permission for the YMCA to use photographs and/or videos in which my child appears and drawings and/or comments s/he may share for the purposes of education or public information.

YES NO

To swim in the outdoor pool at Camp Erdman:

I grant permission for my child to swim only in the outdoor pool under the supervision and direction of a certified lifeguard.

YES NO

Your signature authorizes ALL OF THE ABOVE.

Signature of Parent or Guardian

Date

YMCA Camp Erdman
Leadership Program
Parent Letter

Dear Parents!

Aloha! As your child is already eagerly packing two weeks in advance for Camp, I am sure you are experiencing some anxiety and have a few questions. This letter will hopefully allay the first and answer the second.

Your child will *always* be under the supervision of an adult on Camp property. Adult leaders, consisting of the teachers from the school and qualified chaperones whom they recruit, attend all classes and activities with the students and supervise the children during all free times. Your child may leave only with your consent and with an authorized adult after being released by Camp.

Our Program Instructors are excited to work with your child as they have an amazing amount of knowledge to share. In order to run a program that is educational and safe for all students, the Instructors are all trained in the skills of child management and certified lifeguards are present during any pool activities.

Where is YMCA Camp Erdman?

We are located on the North Shore of Oahu, just a few miles from Ka'ena Point on the leeward side of the island. We are situated between the Waianae Mountain Range and the ocean, providing a variety of natural settings for leadership and environmental education.

What if my child is injured?

First aid is administered by the teachers and chaperones for minor injuries such as scrapes, cuts, or bumps. A licensed physician at a proper location, which is generally covered by your insurance policy, will treat injuries that are more serious.

What if my child takes medication?

Your child's teacher will collect any medication and is responsible for administering it at Camp. Please give detailed instructions on the Student Health Information Form.

What if I need to get in touch with my child?

If you have an important message, please call our Business Office at 637-4615 between 8am and 5pm and leave a message for your child's teacher. After hours, phone calls should be for emergencies only. Although Camp is available for visits from parents or guardians, we encourage you to let your child gain a sense of independence and experience Camp with fellow classmates.

If you have additional questions, please contact your child's teacher at school. We are looking forward to having your child at Camp!

Sincerely Yours,

YMCA Camp Erdman Staff

Packing List

The following packing list has been compiled after many years of welcoming children to YMCA Camp Erdman. We strongly urge you to follow this list. As each student is responsible for and will carry his or her own luggage, please have them **pack lightly**. Also, please **clearly label** your child's clothing and other items so they can be returned to their proper owner if misplaced. Do not send along any expensive or irreplaceable items.

Camp Erdman is not responsible for lost or missing personal items.

Luggage/Bedding

- A small lightweight suitcase or duffle bag (duffels work best)
- Sleeping bag or bed linen
- Pillow -- small travel pillow or an article of clothing to stuff in a pillowcase

Clothing

- 3 Pairs of Underwear
- 1 or 2 Pair of Long Pants
- 2 or 3 T-shirts
- 3 or 4 Pairs of Socks
- 1 Jacket or Sweater
- 1 Rain Jacket (required during the rainy months of November - April)
- 2 Pairs of Shorts
- Swimsuit or Nylon Shorts
- 1 Cap or Hat
- Sleepwear
- Slippers for cabin and showers
- Closed-toe shoes (**Mandatory for all activities**)
- Laundry bag or large plastic bag for dirty laundry

Other Important Items

- Bag Lunch and Drink for the first day
- 1 Bath Towel
- Toothbrush, Toothpaste, Hairbrush, Shampoo, and Soap
- Sunscreen
- Insect Repellent (roll-on, towelettes, or cream preferred)
- Water Bottle
- Flashlight
- Camera (inexpensive disposables take good pictures; *please write your child's name on cameras!*)

Electronic games, radios, cell phones, small TVs, gum, candy, and other items not allowed at school, are not permitted at Camp! Note: We do not allow food or drinks in the cabins.