

Y GROUP EXERCISE™

We build strong kids, strong families, strong communities.

Join us for the YMCA Group X - athon!

2nd Annual Group X - athon


**Saturday May
22nd**

8:30am - 1:30pm

All proceeds from this event will help sponsor a child in a summer program – day camp, swim lessons, Teen camp, pre-school, sports and membership.

Suggested donation - \$25

- TRX Fusion
- MMA Cardio
- Yoga
- Zumba
- Salsa Aerobics
- Drums Alive
- Boxing
- Muay Tai
- Plus many more!



Child
watch
available!



The YMCA is a nonprofit organization committed to being accessible to all. Through the generosity of donors, the YMCA provides assistance for youth, adults and families who cannot afford the cost of YMCA memberships and programs. Call today to find out more about financial assis-



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