



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Planet Central

Planet Central is a **FREE after school program** that encourages middle school teens to make positive and healthier life choices by providing exciting & fun activities after school. The teens will learn how to stay active, eat healthy, make friends, and much more. The program is located at Building F (across the over pass walkway) in Room 303.

## Ages

6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> graders  
(Attending Central Middle School)

## When

Monday – Friday  
(No School – No Program)  
Hours: After school until 5:30 pm

## Where

Building F – Room 303

## Financial Support

This program is funded by a generous grant provided by the AI Foundation to promote physical activity and healthy life style choices among middle school teens.

## YMCA Staff

Site Director – Hunter Ward  
Assistant – Misty Oki  
Teen Coordinator – Wilson Neal



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## NUUAN YMCA

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