YMCA's anniversary celebrations offer fitness, games

YMCA of Honolulu encourages families to help celebrate its 150th anniversary and experience all the Y has to offer at community birthday celebrations Saturday at each of the six Y branches, which will offer access to their pools, gyms and health and fitness classes, plus bouncers, games and other family activities.

“The Y has always been about families, especially in Hawaii with our multigenerational ohana families,” said Lisa Ontai, YMCA of Honolulu 150th Anniversary coordinator, “and it’s one of the few places on our island where families from all backgrounds, means and ages — from babies to seniors — can come together and enjoy activities, get healthy, give back to their community and make new friends.”

During the celebration, the six branches will also have programs that reflect the unique offerings of their locations and communities they serve, such as Leeward Y’s “Plantation Days” old-time games, Windward Y’s culture tours of Ulupo Heiau and restored loi fields, and Kalihi Y’s carnival.

“Take a look at the YMCA’s special 20-panel historic exhibit (each branch will have the complete set on display),” Ontai added, “filled with fascinating photos and stories of the Y’s 150 years of service to our community.”

YMCA of Honolulu 150th Anniversary Community Birthday Celebrations

Where:

At six YMCA of Honolulu branches — Kaimuki, Kalihi, Leeward, Mililani, Nuuanu and Windward

When:

9 a.m.-1 p.m. Saturday

Cost:

Free

Info:

ymcahonolulu.org/about/news/150th-birthday-celebration