



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KAIMUKI STORM SWIM TEAM 2022

KAIMUKI-WAIALAE YMCA

Branch Coordinator: Kristen Santhany
ksanthany@ymcahonolulu.org

Aquatics Office: (808) 739-7572

Aquatics Director: Brendan Gill
bgill@ymcahonolulu.org

The YMCA of Honolulu Swim Teams are a great opportunity for your child to gain an introduction to competitive swimming, as well as improve his or her endurance and speed. Swim Team is open to participants who have completed Minnow (level 4) or higher in our Learn to Swim Program, or to those who meet the prerequisites listed below. In addition, we also focus on learning competitive techniques such as starts and turns, and setting and achieving goals. Our Swim Team is the next step for your child to become the best swimmer he or she can be!

PRACTICE TIMES & FEES: \$10 PER 1 HOUR PRACTICE

- Practices must be purchased in monthly packages as noted below.
- There are no makeups, credit or refunds for any reasons after the start date of the session.
- Financial assistance is not available for this program.

SWIM TEAM (YOUTH): Ages 6 to 18 Years Old

PREREQUISITES	Practice Options
<ul style="list-style-type: none"> • Must be 6-18 yrs old. • Must be able to swim • 25 yds of Freestyle • 25 yds of Backstroke • 25 yds of Breaststroke • 25 yds of Dolphin Kick 	<p>OPTION 1: M/W/F 6pm-7pm (\$10/day)</p> <p>OPTION 2: Tu/Th 6pm-7pm (\$10/day)</p> <p>Swimmers may sign up for both options.</p> <p>Fees are paid monthly. Holidays and branch closures are accounted for in pricing.</p> <p>Meets held on Saturday. 2022 Schedule TBD</p>

MEET THE COACHES

HEAD COACH HAILEY

Aloha! My name is Hailey and I will be returning as head coach this year. I am so excited to resume practices again and see all of you for another successful season. A little bit about me, I was a member of this swim team at the Kaimuki-Waialae YMCA from 2010-2017 (under the name Kaimuki Currents and Kaimuki Killer Whales/Sharks). I swam at Kalani High School from 2015-2019 and mainly competed in the 100 Free, 100 Back, and 200 Free. I've been a swim instructor for about 7 years and have been coaching for about 5 years. I've been head coach of our swim team since fall of 2018 and worked as an assistant coach for 2 years prior. I am currently in my third year at UH Manoa (Go Bows!) and studying to receive my degree in Elementary and Early Childhood Education. I will be the primary contact between our coaching staff and all of you. I will continue to send emails and notify you when information needs to be updated. I look forward to having a great season and getting to know your swimmers!

ASSISTANT COACH JENNA

Aloha! My name is Jenna and this is my first year as an assistant coach for the Kaimuki Storm Swim Team. A little bit about me, my entire immediate family and I moved here from Iowa in 2018 after I graduated early from my high school. While I did not start competitively swimming until 2011, I have been around the swim community since I was six years old. Until 2017, I mainly competed in the 100 Free, 200 Free, and 100 Breaststroke. In 2017, I had to step away from competitive swimming due to complications with my Scoliosis. I earned my Associates Degree from KCC in the Spring of 2021 and I am currently working on obtaining my Bachelor's Degree in Accounting from the University of Hawaii at Manoa Shidler College of Business. I look forward to what this swim season has in store!

ASSISTANT COACH EVAN

Aloha Parents! My name is Evan, and I will be a new assistant coach for the Kaimuki Storm Swim Team. I am currently a freshman at the University of Hawaii at Manoa and recently graduated from Kalani High School in 2021. I swam on our team (formerly known as the Kaimuki Killer Whales) and I also swam at Kalani during high school. I mainly competed in the 100 Back, 100 Free, and 200 IM. I participated in the State Championships meet at UHM my sophomore year in 2019. I currently also work as a lifeguard, and this is my first-time coaching. I hope to learn a lot through this experience and look forward to meeting all of your swimmers!