



SWIM LESSONS – All Ages

Session August–September 2023

WINDWARD YMCA

Welcome Center:
808-261-0808

Aquatic Director: Morgan Brailo
Direct Number: 808-262-1489
mbrailo@ymcahonolulu.org

REGISTRATION

Register online at ymcahonolulu.org in advance before sessions begin. The Welcome Center is available to assist with questions or financial assistance.



Register:
bit.ly/3LS5R67

SWIM TEST

A swim test is required for all new students except for those entering into a Level 1 - Water Acclimation Stage (Pike or Jellyfish) or any Parent/Tot course. Swim tests are by appointment only and can be scheduled through the Aquatics Department. A swim test does not guarantee a space in the program. Spaces are available on a first come, first serve basis.



View Lesson
Selector:
bit.ly/38QnrsJ

CLASS TIMES & FEES

- Classes must be purchased in session packages as noted below.
- There are no makeups, credit or refunds for any reasons after the start date of the session.
- Financial assistance is available, please visit the Welcome Center for more information.

Group Lessons Must be purchased by session. The number of lessons per session vary from 3-12 depending on branch schedule format. See below for specific packages & schedules.		Rate Per Class	Member Rate Per Class
6 months to 12 years:	30-Minute Class	\$22.50	\$18
13 years +:	45-Minute Class	\$25	\$20
Private Swim Lessons: 5 Class Package 3 Years Old to Adults Must be purchased in 5-class packages, paid in full before the first day of instruction, are non-refundable and be completed with 35 days of registration. Member rates are not available. Registration forms are available at the Branch.		Rate Per 5-Class Package	
		30-Minute Classes	45-Minute Classes
Individual: Five Classes		\$225 (\$45 per class)	\$300 (\$60 per class)
Buddy (2 Students): Five 30-Minute Classes		\$330 (\$66 per class)	\$450 (\$90 per class)
Branch Private Lesson Schedule/Information Please email Morgan Brailo at mbrailo@ymcahonolulu.org or visit our website to submit a request form. All requests are reviewed in the order they are received.			

Swim Team: Ages 6 to 18 Years Old Must be able swim 50 yards of Freestyle, Backstroke & Breaststroke. Payment is due by 1st of month. Draft option is available.	Rate Per Practice	Member Rate Per Practice
COACH: [Kaela Silva], [808-262-1489], [ksilva@ymcahonolulu.org]	\$12	\$10
PRACTICE SCHEDULE: Monday/Wednesday/Friday [5pm-6pm]		

SWIM STARTERS (Infants/Toddlers Accompanied By Parent/Guardian) Ages 6 Months to 35 Months

PARENT/TOT – LEVELS A/WATER DISCOVERY and B/WATER EXPLORATION

Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Tuesdays/Thursdays	800a-830a; 830a-900a	8/1/23-8/31/23	N/A	\$180	\$225
Tuesdays/Thursdays	800a-830a; 830a-900a	9/5/23-9/28/23	N/A	\$144	\$180
Saturdays	940a-1010a; 11a-1130a	8/5/23-9/30/23	N/A	\$162	\$202.50

Ages 3 to 5 Years Old

SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: PIKE	Monday	220p-250p; 340p-410p	8/7/23-9/25/23	9/4/23- Labor Day	\$126	\$157.50
	Tuesday	220p-250p; 340p-410p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	220p-250p; 340p-410p	8/2/23-9/27/23		\$162	\$202.50
	Thursday	220p-250p; 340p-410p	8/3/23-9/28/23		\$162	\$202.50
	Friday	220p-250p; 340p-410p	8/4/23-9/29/23	8/18/23- Admission's Day	\$144	\$180
	Saturday	940a-1010a; 11a-1130a	8/5/23-9/30/23		\$162	\$202.50
2/WATER MOVMENT: EEL	Monday	220p-250p; 340p-410p	8/7/23-9/25/23	9/4/23- Labor Day	\$126	\$157.50
	Tuesday	220p-250p; 340p-410p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	220p-250p; 340p-410p	8/2/23-9/27/23		\$162	\$202.50
	Thursday	220p-250p; 340p-410p	8/3/23-9/28/23		\$162	\$202.50
	Friday	220p-250p; 340p-410p	8/4/23-9/29/23	8/18/23- Admission's Day	\$144	\$180
	Saturday	940a-1010a; 11a-1130a	8/5/23-9/30/23		\$162	\$202.50
3/WATER STAMINA: RAY	Monday	220p-250p; 340p-410p	8/7/23-9/25/23	9/4/23- Labor Day	\$126	\$157.50
	Tuesday	220p-250p; 340p-410p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	220p-250p; 340p-410p	8/2/23-9/27/23		\$162	\$202.50
	Thursday	220p-250p; 340p-410p	8/3/23-9/28/23		\$162	\$202.50
	Friday	220p-250p; 340p-410p	8/4/23-9/29/23	8/18/23- Admission's Day	\$144	\$180
	Saturday	940a-1010a; 11a-1130a	8/5/23-9/30/23		\$162	\$202.50

Ages 3 to 5 Years Old Cont.

SWIM STROKES – LEVEL 4

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: STARFISH	Monday	220p-250p; 340p-410p	8/7/23-9/25/23	9/4/23– Labor Day	\$126	\$157.50
	Tuesday	220p-250p; 340p-410p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	220p-250p; 340p-410p	8/2/23-9/27/23	\$162	\$202.50	
	Thursday	220p-250p; 340p-410p	8/3/23-9/28/23	\$162	\$202.50	
	Friday	220p-250p; 340p-410p	8/4/23-9/29/23	8/18/23– Admission's Day	\$144	\$180
	Saturday	940a-1010a; 11a-1130a	8/5/23-9/30/23	\$162	\$202.50	

Ages 6 to 12 Years Old

SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: JELLYFISH	Monday	3p-330p; 420p-450p	8/7/23-9/25/23	9/4/23– Labor Day	\$126	\$157.50
	Tuesday	3p-330p; 420p-450p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	3p-330p; 420p-450p	8/2/23-9/27/23	\$162	\$202.50	
	Thursday	3p-330p; 420p-450p	8/3/23-9/28/23	\$162	\$202.50	
	Friday	3p-330p; 420p-450p	8/4/23-9/29/23	8/18/23– Admission's Day	\$144	\$180
	Saturday	9a-930a; 1020-1050a; 1135a-1205p	8/5/23-9/30/23	\$162	\$202.50	
2/WATER MOVMENT: POLLIWOG	Monday	3p-330p; 420p-450p	8/7/23-9/25/23	9/4/23– Labor Day	\$126	\$157.50
	Tuesday	3p-330p; 420p-450p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	3p-330p; 420p-450p	8/2/23-9/27/23	\$162	\$202.50	
	Thursday	3p-330p; 420p-450p	8/3/23-9/28/23	\$162	\$202.50	
	Friday	3p-330p; 420p-450p	8/4/23-9/29/23	8/18/23– Admission's Day	\$144	\$180
	Saturday	9a-930a; 1020-1050a; 1135a-1205p	8/5/23-9/30/23	\$162	\$202.50	
3/WATER STAMINA: GUPPY	Monday	3p-330p; 420p-450p	8/7/23-9/25/23	9/4/23– Labor Day	\$126	\$157.50
	Tuesday	3p-330p; 420p-450p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	3p-330p; 420p-450p	8/2/23-9/27/23	\$162	\$202.50	
	Thursday	3p-330p; 420p-450p	8/3/23-9/28/23	\$162	\$202.50	
	Friday	3p-330p; 420p-450p	8/4/23-9/29/23	8/18/23– Admission's Day	\$144	\$180
	Saturday	9a-930a; 1020-1050a; 1135a-1205p	8/5/23-9/30/23	\$162	\$202.50	

Ages 6 to 12 Years Old Cont.

SWIM STROKES – LEVEL 4-6

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: MINNOW	Monday	3p-330p; 420p-450p	8/7/23-9/25/23	9/4/23- Labor Day	\$126	\$157.50
	Tuesday	3p-330p; 420p-450p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	3p-330p; 420p-450p	8/2/23-9/27/23		\$162	\$202.50
	Thursday	3p-330p; 420p-450p	8/3/23-9/28/23		\$162	\$202.50
	Friday	3p-330p; 420p-450p	8/4/23-9/29/23	8/18/23- Admission's Day	\$144	\$180
	Saturday	9a-930a; 1020-1050a; 1135a-1205p	8/5/23-9/30/23		\$162	\$202.50
5/STROKE DEVELOPMENT: FISH	Monday	3p-330p; 420p-450p	8/7/23-9/25/23	9/4/23- Labor Day	\$126	\$157.50
	Tuesday	3p-330p; 420p-450p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	3p-330p; 420p-450p	8/2/23-9/27/23		\$162	\$202.50
	Thursday	3p-330p; 420p-450p	8/3/23-9/28/23		\$162	\$202.50
	Friday	3p-330p; 420p-450p	8/4/23-9/29/23	8/18/23- Admission's Day	\$144	\$180
	Saturday	9a-930a; 1020-1050a; 1135a-1205p	8/5/23-9/30/23		\$162	\$202.50
6/STROKE MECHANICS: FLYING FISH	Monday	3p-330p; 420p-450p	8/7/23-9/25/23	9/4/23- Labor Day	\$126	\$157.50
	Tuesday	3p-330p; 420p-450p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	3p-330p; 420p-450p	8/2/23-9/27/23		\$162	\$202.50
	Thursday	3p-330p; 420p-450p	8/3/23-9/28/23		\$162	\$202.50
	Friday	3p-330p; 420p-450p	8/4/23-9/29/23	8/18/23- Admission's Day	\$144	\$180
	Saturday	9a-930a; 1020-1050a; 1135a-1205p	8/5/23-9/30/23		\$162	\$202.50

Ages 6 to 12 Years Old Cont.

SWIM PATHWAYS – LEVEL 7-8

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
7/ ENDURANCE, SPORTS AND GAMES: SHARK	Monday	3p-330p; 420p-450p	8/7/23-9/25/23	9/4/23– Labor Day	\$126	\$157.50
	Tuesday	3p-330p; 420p-450p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	3p-330p; 420p-450p	8/2/23-9/27/23		\$162	\$202.50
	Thursday	3p-330p; 420p-450p	8/3/23-9/28/23		\$162	\$202.50
	Friday	3p-330p; 420p-450p	8/4/23-9/29/23	8/18/23– Admission's Day	\$144	\$180
	Saturday	9a-930a; 1020-1050a; 1135a-1205p	8/5/23-9/30/23		\$162	\$202.50
8/AQUATIC CONDITIONING: PORPOISE	Monday	3p-330p; 420p-450p	8/7/23-9/25/23	9/4/23– Labor Day	\$126	\$157.50
	Tuesday	3p-330p; 420p-450p	8/1/23-9/26/23		\$162	\$202.50
	Wednesday	3p-330p; 420p-450p	8/2/23-9/27/23		\$162	\$202.50
	Thursday	3p-330p; 420p-450p	8/3/23-9/28/23		\$162	\$202.50
	Friday	3p-330p; 420p-450p	8/4/23-9/29/23	8/18/23– Admission's Day	\$144	\$180
	Saturday	9a-930a; 1020-1050a; 1135a-1205p	8/5/23-9/30/23		\$162	\$202.50

TEEN/ADULT SWIM

Ages 13 Years Old+

Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Tuesdays/ Thursdays	6pm-645pm	8/1/23-8/31/23	N/A	\$200	\$250
Tuesdays/ Thursdays	6pm-645pm	9/5/23-9/28/23	N/A	\$160	\$200

SWIM TEAM

Ages 6-18



Month	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
August	5pm-6pm	8/2/23-8/30/23	8/18– Admission's Day	\$120	\$144
September	5pm-6pm	9/1/23-9/29/23	9/4– Labor Day	\$120	\$144