



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Transforming Lives. Then. Now. Always.

YMCA OF HONOLULU
Annual Campaign 2019

Transforming lives. Strengthening communities. 150 years and counting.



1950s Central Y Game Room



Central Y 1951



Since 1869, the YMCA of Honolulu has been a part of Oahu's communities, offering safe, nurturing environments where children can thrive; healthy activities that enable adults to change the course of their lives, and positive opportunities to help people from all backgrounds reach their full potential.

From our first member to the nearly 100,000 members and program participants our Y now reaches each year, our success has been powered by the kindness and generosity of donors and volunteers.

Please join our Annual Campaign and help continue our 150-year legacy of building stronger communities—one child, teen, adult and family at a time.

YMCA Annual Campaign 2019 Goal: \$1 million



Watch how your support transforms lives.
<http://bit.ly/2C5mx7Q>

Give. For a better us.

www.ymahonolulu.org

Atherton • Camp Erdman • Central • Kalihi • Kaimukī-Wai'ālae • Leeward • Mililani • Nu'uuanu • Windward

Camp Erdman builds

more than memories.



1946 Kauai Boys at Camp



For ninety-three years, Camp Erdman has been creating adventure and confidence — building experiences for thousands of youth each year. Here, the experience goes beyond s'mores and campfires.



1920 Counselor with Campers



"Some of the kids in my class don't have the funds to attend camp — their parents are struggling just to put food on the table."

— Ms. Molina, 5th Grade Teacher



Nicole Molina, a 5th grade teacher at Aiea Elementary, remembers the life changing impact the annual three-night camp has had on many of her students. She's especially grateful for the financial assistance.



"A lot of kids in my class don't have the funds to attend camp — their parents are struggling just to put food on the table. Many of these kids have never experienced anything beyond their Aiea neighborhoods. And for others, it's the first time they get to sleep in a bed and eat three meals a day. At camp, they learn who they are outside of the classroom and what they are capable of. They learn valuable life lessons — how to get along, work together, and appreciate and accept each other's differences and views. We see cliques melt away. Shy kids break out of their shells."

"One very shy student climbed to the top of the 40-foot alpine tower, a feat he never thought he could accomplish. He said he wanted to quit many times along the way, but it was the cheering of his classmates that drove him to the top. It was a chicken skin moment — this student realized he had people he could count on. He had a community."

"As a teacher, that's why I do what I do — I want our students to grow into the respectful and supportive citizens that will make our communities stronger."

Health & Fitness for the body, mind and soul.



1913 Central Y Volleyball Champions

From the 1850s to the early 1900s, the Y invented basketball, volleyball, exercise classes and group swim lessons that today, support the health and well-being of millions worldwide. Today, the Y also addresses the challenges of chronic disease, the needs of our kupuna and provides financial assistance and specialized health programs for those who need our help, such as Elizabeth and Anson's family.



1960 Training at Nu'uano Y



1938 Camp Boys Basketball Team Central Y

It's been a tough time — Anson works two full-time jobs to allow Elizabeth to focus on the needs of their children. Adeline, now three, was diagnosed with epilepsy when she was 18 months old. And 8-year-old Aurora's pediatrician has been concerned about her weight since she was an infant.

"I wanted to do something about Aurora's health and weight before it got out of hand because habits are harder to break as she gets older and also, children can be mean," Elizabeth says.

Elizabeth found the Y's obesity management program for children to be a lifesaver for the whole family. "Aurora loved connecting with other kids her age who are facing the same challenges that she is, and Anson and I found support among the other parents. I have noticed not just a big change in Aurora's food choices, but more importantly, a positive change in her whole attitude towards life."

The program also includes a membership for their family. Says Elizabeth, "With our busy schedules, it's tough for our family to have quality time together. While the program sessions have connected us as we work together towards better health, the Y family membership allows our family to play together, too!"



"I have noticed not just a big change in Aurora's food choices, but more importantly, a positive change in her whole attitude towards life."

— Elizabeth, 8-year-old Aurora's mom

Outreach Teen Programs

provide a path of hope.



1949 Heavyweight boxing champion Joe Lewis visits Kalihi HI-Y Teens

Since 1962, the Kalihi Y has provided an outreach program for at-risk teens. It changes the trajectory of many from a life of substance abuse, violence and incarceration to one of hope, promise and a future. Today, more than 40 counselors help upwards of 1,000 teens each year. One of them was Angelina.



Early Kalihi Outreach Workers engaged youth on the street



"My Y counselor always had his door open — he heard me, valued me and empowered me to make better choices."

— Angelina

Angelina's first memories of her mother were of her behind bars for using illegal drugs. Fortunately, their hanai grandmother raised Angelina and her seven siblings.

Then, grandma died. Mom started abusing drugs again. And 10-year-old Angelina and her siblings were on their own.

"I was angry, aggressive and joined a gang. I was very lost. But in 7th grade, while looking for a place to be lost — I found the Y."

Although Angelina never used drugs, her friends did, so she lied and said she was using— "just so I could get into the Y substance abuse treatment program onsite at my school. My Y counselor always had his door open — he heard me, valued me and empowered me to make better choices."

Those choices included earning top honors in high school, an undergraduate degree, and acceptance to graduate school. But first, Angelina's taking a year off to work as a Y substance abuse treatment counselor.

"These teens have the ability to choose — as I did — a better path and with that a better life," she says of the students she counsels. "A Y counselor did that for me when I was their age — I'm now doing that for them."

Our Young Volunteers

have always answered the call.



1952 UH Y Frosh Camp at Camp Erdman



1926 Honolulu YMCA delegation to Asilomar (Pacific Grove, Calif) Student Conference

Since our founding in 1869, volunteers have been essential to fulfilling our Y's promise to strengthen community. HI-Y and University Y Clubs established in the early 1900s empowered local teens and college students to give back to their communities. That spirit of young servant leadership continued to flourish through the decades and today, student volunteers are meeting critical social needs that have expanded far beyond their school campuses.

Atherton Y College Student Board volunteers work with leaders and organizations across Hawaii to offer hundreds of young adults each year opportunities to make a difference in their communities.

Resident children at the Institute for Human Services are visited by college students on Saturdays where they are inspired and nourished in spirit, mind and body with a range of activities. In Girl Power, mentors help intermediate school-age girls build self-esteem. And Y-Tutors recruits college students to provide extra attention to close the achievement gap faced by kids in underserved communities.

Y volunteers serve as mentors for the YMCA Youth and Government and Y College Camp programs. The Youth and Government program teaches students ages 11 to 17 how to be changemakers in the political process. Y College Camp helps high school students in underserved communities make higher education a reality.

On top of these programs, volunteer student board members lead the Atherton Y Branch's Annual Campaign that has raised thousands of dollars.

Many Y college student volunteers, like Jay-R and Jediah, were former recipients of Y services. Y College Camp ignited Jay-R's commitment to not just get into college, but to excel. Jediah found her voice and passion for service as a Youth and Government delegate. Both Jay-R and Jediah now serve as volunteers and mentors for the same programs that helped them.

"The Y has fueled my personal growth and passion to learn about and discuss local and global current events and to pursue a career that will address America's greatest issues," says Jediah, Atherton Y Student Board Volunteer."



1986 Atherton Y Student Leaders



"The Y has not only made an exciting career and future a reality for me, but continues to provide me with opportunities to help many other young people achieve their best futures, too!"

– Jay-R, Atherton Y Student Board Volunteer

2019 YMCA of Honolulu Annual Campaign Donation Form

Name _____

Company _____ Matches your gift?

Home

Billing Address _____ Work

City _____ State _____ Zip _____

Day Phone _____ Home Phone _____

Email _____

Name for Recognition _____

Send information about being a President's Club Member (\$1,000)

Send information about including the YMCA in my estate plan

I have already included the YMCA in my estate plan

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If applicable, which Campaigner talked to you about your gift? _____

Branch Designation _____

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My One Time Gift: Now \$ _____ Monthly \$ _____ Quarterly \$ _____	Make It A Recurring Gift Until I Tell You Otherwise: Once a Year \$ _____ Once a Month \$ _____ Once a Quarter \$ _____
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(You can also pay online at www.ymcahonolulu.org/donate)

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I authorize the YMCA of Honolulu to draft my account \$ _____ per month OR \$ _____ per year
(Please attach voided check or deposit slip)

Signature _____

The YMCA of Honolulu is a nonprofit 501(c)(3). Tax ID# 99-0073533. Your donation may be tax deductible – Mahalo!

Donate online at www.ymcahonolulu.org/donate or send checks payable to YMCA of Honolulu.

Please return form and payment to: YMCA of Honolulu, 1441 Pali Highway, Honolulu, HI 96813, or your local Y Branch.

Your Gift

makes a difference.

\$100

gives a child a safe place with positive role models during one month of afterschool care.

\$300

sponsors a three-month Y membership for two seniors, giving the gift of health and friendships.

\$500

gives a child the joy of being safe in water with eight swim lessons.

\$655

sends one child to a week at Camp Erdman where they gain confidence, new friends and lifelong memories.

\$700

builds a teen's self-esteem and a passion for community service during two weeks at Leadership Camp.

\$740

gives a child their best summer ever during four weeks of Summer Day Camp.

\$1008

helps a family in need to connect, play and thrive with a one year Y membership.

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ATHERTON

1810 University Avenue, Honolulu HI 96822
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WINDWARD

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