STRENGTHENING OUR COMMUNITY in 2018

1,105 Teens moved beyond their substance abuse and towards a brighter future

105,453 Men, women and children were helped by a Y program or service

$719,000 Provided in financial assistance

13,000 Nights of shelter provided at the Central Y

54,547 Free meals served to children at risk of hunger

8,743 Children found new friends, experiences and confidence at YMCA Camp Erdman

5,855 Underserved children tutored in a Y afterschool program
Ensuring Opportunity for All

For our communities to succeed everyone must be given the opportunity to be healthy, confident, connected and secure. We provide a welcoming network of support, where everyone can find the encouragement and tools they need to be successful regardless of age, ethnicity, ability or income. Thanks to our generous donors, we can ensure everyone has a chance to succeed and belong.

“The Y has fueled my passion to pursue a career that will address America’s greatest issues.”

Through programs and community service experiences, the Y gives our youth purpose and confidence to lead with humility, compassion and dedication to others. From our college student volunteers acting as mentors and inspiration for homeless children, training middle school students how to research and address needs in their communities, to serving underprivileged communities in the Philippines—in the process, our youth become their best selves. And we, become a better community.

Camp Erdman builds more than memories.

“A lot of kids in my class don’t have the funds to attend camp—their parents are struggling just to put food on the table. At camp, they learn who they are outside of the classroom and what they are capable of. One very shy student climbed to the top of the 40-foot alpine tower, a feat he never thought he could accomplish. He said he wanted to quit many times along the way, but it was the cheering of his classmates that drove him to the top. It was a chicken skin moment—this student realized he had people he could count on. He had a community. As a teacher, that’s why I do what I do—I want our students to grow into the respectful and supportive citizens that will make our communities stronger.”

Outreach Teen Programs provide a path of hope.

“I was angry, aggressive and joined a gang. I was very lost. But in 7th grade, I found the Y. My Y counselor always had his door open—he heard me, valued me and empowered me to make better choices.”

Those choices included earning top honors in high school, an undergraduate degree, and acceptance to graduate school. But first, Angelina is taking a year off to work as a Y substance abuse treatment counselor.

“These teens have the ability to choose—as I did—a better path and with that a better life. A Y counselor did that for me when I was their age—I’m now doing that for them.”