

Parent Information

All children under the age of 12 years old must be supervised by an adult (18 years old or older) at all times.

Preparation

- Make sure you have all proper equipment (Swim suit, goggles, swim cap, water bottle, etc.)
- Arrive 10-15 minutes early before practice time.

Avoid participating if:

- You are not feeling well (cold, fever, etc.)

Class Fees:

- Payment is due before the first class of the month. Due to YMCA Association policies, there is no pro-ration for the program session. Refunds requested prior to the start date of the program will be issued in full. Refunds requested after the start date of the program will be issued with the addition of a 30% service fee. Please see our Welcome Center for more information.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TIGER SHARKS NOVICE SWIM TEAM

2017 Season



YMCA Policies

- If a class is missed, credit/refund/make-up classes are not allowed.

LEEWARD YMCA
94-440 MOKUOLA STREET
WAIPAHU, HI 96797

PH: (808) 671-6495

FAX: (808) 671-7985

WWW.YMCAHONOLULU.ORG

Revised: November 30, 2015

"Tiger Sharks" Novice Swim Team

Our novice swim team offers an introduction to competitive swimming for all novice swimmers. Swimmers must have minimum proficiency in Butterfly, Backstroke, Breaststroke, and Freestyle. Swimming skills are refined & emphasized at each practice. Swim meets are held throughout the year with all YMCA Branches. Join today & have tons of fun to become a future competitive swimmer!

NOVICE SWIM TEAM 2017 AGES 6 - 18 Y/O			
MONTH	BARCODE	# OF PRACTICES	PRACTICE DATES
January	72058	12	January 5 - 29
February	72059	12	February 2 - 26
March	72060	12	March 1 - 29 [No practice 3/25]
April	72061	12	April 5 - 29
May	72062	12	May 3 - 27

PRACTICE INFORMATION

Tuesday & Thursday
6:00pm - 7:00pm

One hour swim-training

Friday

6:00pm - 7:30pm

45 minutes land-training & 45 minutes swim training. Please bring covered shoes to practice

PROGRAM FEES

Based on 12 practices per month

Member Fee: \$57.60

Non-Member Fee: \$72.00

