



SWIM LESSONS – All Ages

Session January–March 2024

WINDWARD YMCA

Welcome Center:
808-261-0808

Aquatic Director: Morgan Brailo
Direct Number: 808-262-1489
mbrailo@ymcahonolulu.org

REGISTRATION

Register online at ymcahonolulu.org in advance before sessions begin. The Welcome Center is available to assist with questions or financial assistance.



Register:
bit.ly/3LS5R67

SWIM TEST

A swim test is required for all new students except for those entering into a Level 1 – Water Acclimation Stage (Pike or Jellyfish) or any Parent/Tot course. Swim tests are by appointment only and can be scheduled through the Aquatics Department. A swim test does not guarantee a space in the program. Spaces are available on a first come, first serve basis.



View Lesson
Selector:
bit.ly/38QnrsJ

CLASS TIMES & FEES

- Classes must be purchased in session packages as noted below.
- There are no makeups, credit or refunds for any reasons after the start date of the session.
- Financial assistance is available, please visit the Welcome Center for more information.

Group Lessons Must be purchased by session. The number of lessons per session vary from 3-12 depending on branch schedule format. See below for specific packages & schedules.		Rate Per Class	Member Rate Per Class
6 months to 12 years:	30-Minute Class	\$24.75	\$10
13 years +:	45-Minute Class	\$27.50	\$22
Private Swim Lessons: 5 Class Package 3 Years Old to Adults Must be purchased in 5-class packages, paid in full before the first day of instruction, are non-refundable and be completed with 35 days of registration. Member rates are not available. Registration forms are available at the Branch.		Rate Per 5-Class Package	
		30-Minute Classes	45-Minute Classes
Individual: Five Classes		\$240 (\$48 per class)	\$320 (\$64 per class)
Buddy (2 Students): Five 30-Minute Classes		\$350 (\$70 per class)	\$475 (\$95 per class)
Branch Private Lesson Schedule/Information Please email Morgan Brailo at mbrailo@ymcahonolulu.org or visit our Welcome Center to submit a request form. All requests are reviewed in the order they are received.			

Swim Team: Ages 6 to 18 Years Old Must be able swim 50 yards of Freestyle, Backstroke & Breaststroke. Payment is due by 1st of month.	Monthly Rate	Member Monthly Rate
COACH: [Kaela Silva], [808-262-1489], [ksilva@ymcahonolulu.org]	\$130	\$104
PRACTICE SCHEDULE: Monday/Wednesday/Friday [5pm-6pm], Saturday [8a-9a]		

SWIM STARTERS (Infants/Toddlers Accompanied By Parent/Guardian) Ages 6 Months to 35 Months					
PARENT/TOT – LEVELS A/WATER DISCOVERY and B/WATER EXPLORATION					
Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Tuesdays/Thursdays	800a-830a; 830a-900a	2/1-2/29	N/A	\$180	\$222.75
Tuesdays/Thursdays	800a-830a; 830a-900a	3/5-3/28	3/26– Kuhio Day	\$140	\$173.25
Saturdays	940a-1010a; 11a-1130a	1/6-3/30	3/26– Spring Break	\$240	\$297

Ages 3 to 5 Years Old						
SWIM BASICS – LEVELS 1-3						
Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: PIKE	Monday	220p-250p; 340p-410p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	220p-250p; 340p-410p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	220p-250p; 340p-410p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	220p-250p; 340p-410p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	220p-250p; 340p-410p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/6/24-3/30-24	3/23	\$240	\$297
2/WATER MOVMENT: EEL	Monday	220p-250p; 340p-410p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	220p-250p; 340p-410p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	220p-250p; 340p-410p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	220p-250p; 340p-410p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	220p-250p; 340p-410p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/6/24-3/30-24	3/23	\$240	\$297
3/WATER STAMINA: RAY	Monday	220p-250p; 340p-410p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	220p-250p; 340p-410p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	220p-250p; 340p-410p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	220p-250p; 340p-410p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	220p-250p; 340p-410p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/6/24-3/30-24	3/23	\$240	\$297

Ages 3 to 5 Years Old Cont.

SWIM STROKES – LEVEL 4

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: STARFISH	Monday	220p-250p; 340p-410p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	220p-250p; 340p-410p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	220p-250p; 340p-410p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	220p-250p; 340p-410p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	220p-250p; 340p-410p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/6/24-3/30-24	3/23	\$240	\$297

Ages 6 to 12 Years Old

SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: JELLYFISH	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
2/WATER MOVMENT: POLLIWOG	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
3/WATER STAMINA: GUPPY	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297

Ages 6 to 12 Years Old Cont.

SWIM STROKES – LEVEL 4-6

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: MINNOW	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
5/STROKE DEVELOPMENT: FISH	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
6/STROKE MECHANICS: FLYING FISH	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297

Ages 6 to 12 Years Old Cont.

SWIM PATHWAYS – LEVEL 7-8

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
7/ ENDURANCE, SPORTS AND GAMES: SHARK	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
8/AQUATIC CONDITIONING: PORPOISE	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297

TEEN/ADULT SWIM

Ages 13 Years Old+

Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Tuesdays/ Thursdays	6pm-645pm	1/9-1/30	N/A	\$154	\$192.50
Tuesdays/ Thursdays	6pm-645pm	2/1-2/29	N/A	\$198	\$247.50
Tuesdays/ Thursdays	6pm-645pm	3/5-3/28	3/26– Kuhio Day	\$154	\$192.50

SWIM TEAM

Ages 6-18



Month	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
January	5pm-6pm (M/W/F) 8a-9a (Sat)	1/6-1/31	1/15– MLK Jr Day	\$104	\$130
February	5pm-6pm (M/W/F) 8a-9a (Sat)	2/2-2/28	2/19– President's Day	\$104	\$130
March	5pm-6pm (M/W/F) 8a-9a (Sat)	3/1-3/27	3/18-3/23– Spring Break	\$104	\$130