



SWIM LESSONS – All Ages

Session August–September 2024

WINDWARD YMCA

Welcome Center:
808-261-0808

Aquatic Director: Morgan Brailo
Direct Number: 808-262-1489
mbrailo@ymcahonolulu.org

REGISTRATION

Register online at ymcahonolulu.org in advance before sessions begin. The Welcome Center is available to assist with questions or financial assistance.



Register:
bit.ly/3LS5R67

SWIM TEST

A swim test is required for all new students except for those entering into a Level 1 – Water Acclimation Stage (Pike or Jellyfish) or any Parent/Tot course. Swim tests are by appointment only and can be scheduled through the Aquatics Department. A swim test does not guarantee a space in the program. Spaces are available on a first come, first serve basis.



View Lesson
Selector:
bit.ly/38QnrsJ

CLASS TIMES & FEES

- Classes must be purchased in session packages as noted below.
- There are no makeups, credit or refunds for any reasons after the start date of the session.
- Financial assistance is available, please visit the Welcome Center for more information.

| Group Lessons Must be purchased by session. The number of lessons per session vary from 3-12 depending on branch schedule format. See below for specific packages & schedules. | | Rate Per Class | Member Rate Per Class |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|---------------------------------|------------------------------|
| 6 months to 12 years: | 30-Minute Class | \$24.75 | \$20 |
| 13 years +: | 45-Minute Class | \$27.50 | \$22 |
| Private Swim Lessons: 5 Class Package 3 Years Old to Adults Must be purchased in 5-class packages, paid in full before the first day of instruction, are non-refundable and be completed with 35 days of registration. Member rates are not available. Registration forms are available at the Branch. | | Rate Per 5-Class Package | |
| | | 30-Minute Classes | 45-Minute Classes |
| Individual: Five Classes | | \$240 (\$48 per class) | \$320 (\$64 per class) |
| Buddy (2 Students): Five 30-Minute Classes | | \$350 (\$70 per class) | \$475 (\$95 per class) |

Branch Private Lesson Schedule/Information

Please email Morgan Brailo at mbrailo@ymcahonolulu.org or visit our website to submit a request form. All requests are reviewed in the order they are received.

| | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|--------------------------------|
| Swim Team: Ages 6 to 18 Years Old Must be able swim 50 yards of Freestyle, Backstroke & Breaststroke. Payment is due by 1st of month. Draft option is available. | Monthly Member Rate | Monthly Non-Member Rate |
| COACH: [Kaela Silva], [808-262-1489] | \$104 | \$130 |

PRACTICE SCHEDULE: Monday/Wednesday/Friday [5pm-6pm] Saturday [8am-9am]

SWIM STARTERS (Infants/Toddlers Accompanied By Parent/Guardian) Ages 6 Months to 35 Months

PARENT/TOT – LEVELS A/WATER DISCOVERY and B/WATER EXPLORATION

| Days | Times | Session Dates | No Swim Dates | Member Fee | Non-Member Fee |
|--------------------|-----------------------|----------------|---------------|------------|----------------|
| Tuesdays/Thursdays | 800a-830a; 830a-900a | 8/1/24-8/29/24 | N/A | \$180 | \$222.75 |
| Tuesdays/Thursdays | 800a-830a; 830a-900a | 9/3/24-9/26/24 | N/A | \$160 | \$198 |
| Saturdays | 940a-1010a; 11a-1130a | 8/3/24-9/28/24 | N/A | \$180 | \$222.75 |
| Sundays | 12p-1230p; 120p-150p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |

Ages 3 to 5 Years Old

SWIM BASICS – LEVELS 1-3

| Stage/Level | Days | Times | Session Dates | No Swim Dates | Member Fee | Non-Member Fee |
|----------------------------------|-----------|---------------------------------------|----------------|-----------------------|------------|----------------|
| 1/WATER ACCLIMATION: PIKE | Monday | 245p-315p; 355p-425p | 8/5/24-9/30/24 | 9/2– Labor Day | \$160 | \$198 |
| | Tuesday | 245p-315p; 355p-425p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 245p-315p; 355p-425p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 245p-315p; 355p-425p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 245p-315p; 355p-425p | 8/2/24-9/27/24 | 8/16– Admission's Day | \$160 | \$198 |
| | Saturday | 940a-1010a; 11a-1130a; 1135a-1205p | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | Sunday | 12p-1230p; 120p-150p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |
| 2/WATER MOVMENT: EEL | Monday | 245p-315p; 355p-425p | 8/5/24-9/30/24 | 9/2– Labor Day | \$160 | \$198 |
| | Tuesday | 245p-315p; 355p-425p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 245p-315p; 355p-425p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 245p-315p; 355p-425p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 245p-315p; 355p-425p | 8/2/24-9/27/24 | 8/16– Admission's Day | \$160 | \$198 |
| | Saturday | 940a-1010a; 11a-1130a; 1135a-1205p | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | Sunday | 12p-1230p; 120p-150p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |
| 3/WATER STAMINA: RAY | Monday | 245p-315p; 355p-425p | 8/5/24-9/30/24 | 9/2– Labor Day | \$160 | \$198 |
| | Tuesday | 245p-315p; 355p-425p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 245p-315p; 355p-425p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 245p-315p; 355p-425p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 245p-315p; 355p-425p | 8/2/24-9/27/24 | 8/16– Admission's Day | \$160 | \$198 |
| | Saturday | 940a-1010a; 11a-1130a; 1135a-1205p | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | Sunday | 12p-1230p; 120p-150p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |

Ages 3 to 5 Years Old Cont.

SWIM STROKES – LEVEL 4

| Stage/Level | Days | Times | Session Dates | No Swim Dates | Member Fee | Non-Member Fee |
|---------------------------------|-----------|---------------------------------------|----------------|-----------------------|------------|----------------|
| 4/STROKE INTRODUCTION: STARFISH | Monday | 245p-315p; 355p-425p | 8/5/24-9/30/24 | 9/2- Labor Day | \$160 | \$198 |
| | Tuesday | 245p-315p; 355p-425p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 245p-315p; 355p-425p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 245p-315p; 355p-425p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 245p-315p; 355p-425p | 8/2/24-9/27/24 | 8/16- Admission's Day | \$160 | \$198 |
| | Saturday | 940a-1010a; 11a-1130a; 1135a-1205p | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | Sunday | 12p-1230p; 120p-150p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |

Ages 6 to 12 Years Old

SWIM BASICS – LEVELS 1-3

| Stage/Level | Days | Times | Session Dates | No Swim Dates | Member Fee | Non-Member Fee |
|--------------------------------|-----------|----------------------|----------------|-----------------------|------------|----------------|
| 1/WATER ACCLIMATION: JELLYFISH | Monday | 320p-350p; 430p-5p | 8/5/24-9/30/24 | 9/2- Labor Day | \$160 | \$198 |
| | Tuesday | 320p-350p; 430p-5p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 320p-350p; 430p-5p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 320p-350p; 430p-5p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 320p-350p; 430p-5p | 8/2/24-9/27/24 | 8/16- Admission's Day | \$160 | \$198 |
| | Saturday | 9a-930a; 1020a-1050a | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | Sunday | 1240p-110p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |
| 2/WATER MOVMENT: POLLIWOG | Monday | 320p-350p; 430p-5p | 8/5/24-9/30/24 | 9/2- Labor Day | \$160 | \$198 |
| | Tuesday | 320p-350p; 430p-5p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 320p-350p; 430p-5p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 320p-350p; 430p-5p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 320p-350p; 430p-5p | 8/2/24-9/27/24 | 8/16- Admission's Day | \$160 | \$198 |
| | Saturday | 9a-930a; 1020a-1050a | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | Sunday | 1240p-110p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |
| 3/WATER STAMINA: GUPPY | Monday | 320p-350p; 430p-5p | 8/5/24-9/30/24 | 9/2- Labor Day | \$160 | \$198 |
| | Tuesday | 320p-350p; 430p-5p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 320p-350p; 430p-5p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 320p-350p; 430p-5p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 320p-350p; 430p-5p | 8/2/24-9/27/24 | 8/16- Admission's Day | \$160 | \$198 |
| | Saturday | 9a-930a; 1020a-1050a | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | Sunday | 1240p-110p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |

Ages 6 to 12 Years Old Cont.

SWIM STROKES – LEVEL 4-6

| Stage/Level | Days | Times | Session Dates | No Swim Dates | Member Fee | Non-Member Fee |
|---------------------------------|-----------|----------------------|----------------|-----------------------|------------|----------------|
| 4/STROKE INTRODUCTION: MINNOW | Monday | 320p-350p; 430p-5p | 8/5/24-9/30/24 | 9/2- Labor Day | \$160 | \$198 |
| | Tuesday | 320p-350p; 430p-5p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 320p-350p; 430p-5p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 320p-350p; 430p-5p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 320p-350p; 430p-5p | 8/2/24-9/27/24 | 8/16- Admission's Day | \$160 | \$198 |
| | Saturday | 9a-930a; 1020a-1050a | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | | 1240p-110p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |
| 5/STROKE DEVELOPMENT: FISH | Monday | 320p-350p; 430p-5p | 8/5/24-9/30/24 | 9/2- Labor Day | \$160 | \$198 |
| | Tuesday | 320p-350p; 430p-5p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 320p-350p; 430p-5p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 320p-350p; 430p-5p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 320p-350p; 430p-5p | 8/2/24-9/27/24 | 8/16- Admission's Day | \$160 | \$198 |
| | Saturday | 9a-930a; 1020a-1050a | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | | 1240p-110p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |
| 6/STROKE MECHANICS: FLYING FISH | Monday | 320p-350p; 430p-5p | 8/5/24-9/30/24 | 9/2- Labor Day | \$160 | \$198 |
| | Tuesday | 320p-350p; 430p-5p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 320p-350p; 430p-5p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 320p-350p; 430p-5p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 320p-350p; 430p-5p | 8/2/24-9/27/24 | 8/16- Admission's Day | \$160 | \$198 |
| | Saturday | 9a-930a; 1020a-1050a | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | | 1240p-110p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |

Ages 6 to 12 Years Old Cont.

SWIM PATHWAYS – LEVEL 7-8

| Stage/Level | Days | Times | Session Dates | No Swim Dates | Member Fee | Non-Member Fee |
|---------------------------------------------------|-----------|----------------------|----------------|-----------------------|------------|----------------|
| 7/ ENDURANCE, SPORTS AND GAMES: SHARK | Monday | 320p-350p; 430p-5p | 8/5/24-9/30/24 | 9/2– Labor Day | \$160 | \$198 |
| | Tuesday | 320p-350p; 430p-5p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 320p-350p; 430p-5p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 320p-350p; 430p-5p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 320p-350p; 430p-5p | 8/2/24-9/27/24 | 8/16– Admission’s Day | \$160 | \$198 |
| | Saturday | 9a-930a; 1020a-1050a | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | | 1240p-110p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |
| 8/AQUATIC CONDITIONING: PORPOISE | Monday | 320p-350p; 430p-5p | 8/5/24-9/30/24 | 9/2– Labor Day | \$160 | \$198 |
| | Tuesday | 320p-350p; 430p-5p | 8/6/24-9/24/24 | N/A | \$160 | \$198 |
| | Wednesday | 320p-350p; 430p-5p | 8/7/24-9/25/24 | N/A | \$160 | \$198 |
| | Thursday | 320p-350p; 430p-5p | 8/1/24-9/26/24 | N/A | \$180 | \$222.75 |
| | Friday | 320p-350p; 430p-5p | 8/2/24-9/27/24 | 8/16– Admission’s Day | \$160 | \$198 |
| | Saturday | 9a-930a; 1020a-1050a | 8/3/24-9/28/27 | N/A | \$180 | \$222.75 |
| | | 1240p-110p | 8/4/24-9/29/24 | N/A | \$180 | \$222.75 |

TEEN/ADULT SWIM

Ages 13 Years Old+

| Days | Times | Session Dates | No Swim Dates | Member Fee | Non- Member Fee |
|------------------------|-----------|----------------|---------------|------------|-----------------|
| Tuesdays/ Thursdays | 6pm-645pm | 8/1/24-8/29/24 | N/A | \$198 | \$247.50 |
| Tuesdays/ Thursdays | 6pm-645pm | 9/3/24-9/26/24 | N/A | \$176 | \$220 |

SWIM TEAM

Ages 6-18



| Month | Session Dates | No Swim Dates |
|-----------|----------------|------------------------------------------|
| August | 8/2/24-8/31/24 | 8/16– Admission’s Day 8/17– Swim Meet |
| September | 5/1/24-5/31/24 | 9/2– Labor Day 9/21– Swim Meet |