Mililani YMCA SWIM LESSONS – All Ages
Session: January – March 2027

MILILANI YMCA

Welcome Center: 808-625-1040
info@ymcahonolulu.org

Aquatics Director: Neal Yamamura
Direct Number: 808–275-4638
nyamamura@ymcahonolulu.org

REGISTRATION BEGINS ON MONDAY, DECEMBER 7TH, AT 8:30AM

Register online at ymcahonolulu.org in advance before sessions begin. The Welcome Center is available to assist with questions or financial assistance.

Register
bit.ly/YHonSwim

SWIM TEST

A swim test is required for all new students except for those entering into a Level 1 – Water Acclimation Stage (Pike or Jellyfish) or any Parent/Tot course. Swim tests are by appointment only and can be scheduled through the Aquatics Department. A swim test does not guarantee a space in the program. Spaces are available on a first come, first serve basis.

CLASS TIMES & FEES

- Classes must be purchased in session packages as noted below.
- There are no makeups, credit or refunds for any reasons after the start date of the session.
- Financial assistance is available, please visit the Welcome Center for more information.
- 6 Month to 12 Years: 30-Minute Class
- 13+ years: 45-Minute Class

Group Lessons Must be purchased by session. The number of lessons per session vary from 3-12 depending on branch schedule format. See below for specific packages & schedules.	**Non-Member Rate (Per Lesson)**	**Member Rate (Per Lesson)**
6 months to 12 years: 30-Minute Class 13 years +: 45-Minute Class	$28.75 $33.00	$23.00 $26.40
Private Swim Lessons: 5 Class Package 3 Years Old to Adults Must be purchased in 5-class packages, paid in full before the first day of instruction, are non-refundable and be completed with 35 days of registration. Member rates are not available. Registration forms are available at the Branch.	**Rate Per 5-Class Package**	
	30-Minute Classes	
Individual: Five Classes	$270 ($54 per class)	
Buddy (2 Students): Five 30-Minute Classes	$400 ($80 per class)	
Branch Private Lesson Schedule/Information: **Please Visit the Branch and fill out a Private Swim Request Form**		

PRESCHOOL: Ages 3 to 5 Years Old

SWIM BASICS – Stages 1-3

Stage/Level	Days	Times	Session Dates	Dates with No Lessons	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: PIKE	Monday Tuesday Wednesday Thurdsday Saturday	3:00p & 3:40p 3:00p & 3:40p 3:00p & 3:40p 3:00p & 3:40p 9:40a, 11:00a, 12:20p & 1:40p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00
2/WATER MOVMENT: EEL	Monday Tuesday Wednesday Thurdsday Saturday	3:00p & 3:40p 3:00p & 3:40p 3:00p & 3:40p 3:00p & 3:40p 9:40a, 11:00a, 12:20p & 1:40p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00
3/WATER STAMINA: RAY	Monday Tuesday Wednesday Thurdsday Saturday	3:00p & 3:40p 3:00p & 3:40p 3:00p & 3:40p 3:00p & 3:40p 9:40a, 11:00a, 12:20p & 1:40p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00

SWIM STROKES – Stage 4

Stage/Level	Days	Times	Session Dates	Dates with No Lessons	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: STARFISH	Monday Tuesday Wednesday Thurdsday Saturday	3:00p & 3:40p 3:00p & 3:40p 3:00p & 3:40p 3:00p & 3:40p 9:40a, 11:00a, 12:20p & 1:40p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00

YOUTH: Ages 6 to 12 Years Old

Stage/Level	Days	Times	Session Dates	Dates with No Lessons	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: JELLYFISH	Monday Tuesday Wednesday Thursday Saturday	4:20p & 5:00p 4:20p & 5:00p 4:20p & 5:00p 4:20p & 5:00p 10:20a, 11:40a, 1:00p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00
2/WATER MOVMENT: POLLIWOG	Monday Tuesday Wednesday Thursday Saturday	4:20p & 5:00p 4:20p & 5:00p 4:20p & 5:00p 4:20p & 5:00p 10:20a, 11:40a, 1:00p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00
3/WATER STAMINA: GUPPY	Monday Tuesday Wednesday Thursday Saturday	4:20p & 5:00p 4:20p & 5:00p 4:20p & 5:00p 4:20p & 5:00p 10:20a, 11:40a, 1:00p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00
Stage/Level	**Days**	**Times**	**Session Dates**	**Dates with No Lessons**	**Member Fee**	**Non-Member Fee**
4/STROKE INTRODUCTION: MINNOW	Monday Tuesday Wednesday Thursday Saturday	5:00p 4:20p 5:00p 4:20p 10:20a, 11:40a, 1:00p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00
5/STROKE DEVELOPMENT: FISH	Monday Tuesday Wednesday Thursday Saturday	5:00p 4:20p 5:00p 4:20p 10:20a, 11:40a, 1:00p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00
6/STROKE MECHANICS: FLYING FISH	Monday Tuesday Wednesday Thursday Saturday	5:00p 4:20p 5:00p 4:20p 10:20a, 11:40a, 1:00p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $34500
Stage/Level	**Days**	**Times**	**Session Dates**	**Dates with No Lessons**	**Member Fee**	**Non-Member Fee**
7/ENDURANCE, SPORTS AND GAMES: SHARK	Monday Tuesday Wednesday Thursday Saturday	5:00p 4:20p 5:00p 4:20p 10:20a, 11:40a, 1:00p	1/4-3/15/27 1/5-3/16/27 1/6-3/17/27 1/7-3/18/27 1/9-3/27/27		$253.00 $253.00 $253.00 $253.00 $276.00	$316.25 $316.25 $316.25 $316.25 $345.00

TEEN/ADULT SWIM
Ages 13 Years Old+ (45 Minute Classes)

Days	Times	Session Dates	Member Fee	Non-Member Fee
Saturday Monday	8:45a 5:40p	1/9-3/27/27 1/4-3/15/27	$343.20 $290.40	$396.00 $363.00

SWIM STARTERS (Infants/Toddlers Accompanied By Parent/Guardian)
Ages 6 Months to 35 Months

PARENT/TOT – LEVELS A/WATER DISCOVERY and B/WATER EXPLORATION

Days	Times	Session Dates	Member Fee	Non-Member Fee
Saturday Wednesday	3:30p 10:15a	1/9-3/27/27 1/6-3/17/27	$276.00 $253.00	$345.00 $316.25

- Swim Diapers must be worn by all participants.
- Apply sunscreen 30 minutes prior to the start of class

Mililani YMCA Sharks Swim Team: Ages 6 to 18 Years Old
Must be able swim 50 meters of Freestyle, Backstroke & Breaststroke & 25 meters of butterfly. Payment is due by 1st of month. Draft option is available.

Practice Schedule	Head Coaches	Member Fee	Non-Member Fee
Beginner Group: Monday, Thursday, Friday: 5:30p-6:30p, Saturday: 2:15p-3:15 **Intermediate / Advanced Group**: Tuesday, Wednesday, Friday: 5:30p-6:30p, Saturday 2:15p-3:15p Email our Head Coaches to schedule a tryout!	Ryan Puchalski rpuchalski@ymcahonolulu.org Mason Yamasaki myamasaki@ymcahonolulu.org	$115.00	$143.75